



ARYA HERBAL

Natural Indian Treasures for your Health

Massageöle

Cheriya narayana tailam

Excellent massage oil for vatha and pitta, improves skin texture, firmness, and elasticity.

Also relieves pain.

Ingredients

Ref: Sahasrayogam

sesame oil • satavari (*Asparagus racemosus*) • sumati (*Pseudarthria viscida*) • prishniparni (*Desmodium gangeticum*) • sathi (*Hedychium spicatum*) • vacha (*Acorus calamus*) • erandemula (*Ricinus communis-Würzel*) • brihati (*Solanum indicum*) • kantakari (*Solanum xanthocarpum*) • pulika (*Phyllanthus reticulatus*) • gavedhuka (*Coix lacryma-jobi* Linn) • sahachara (*Strobilanthes heyneanus*) • satavari (*Asparagus racemosus*) • purnava (*Boerhavia diffusa*) • daru haldi (*Berberis aristata*) • satahva (*Foeniculum vulgare*) • chandana (*Santalum. album*) • saileya (*Parmelia perlata*) • tagara (*Valeriana Jatamansi*) • kushta (*Saussurea lappa* C.B.Clarkeela) • ela (*Elettaria cardemomum*) • sthira (*Desmodium gangeticum*) • bala (*Sida cordifolia*) • mamsi (*Nardostachys jatamansi*) • asvagandha (*Withania somnifera*) • saidhava (rock salt) • rasna (*Vanda roxburghii*) • paya (cow's milk) • ajampaya (goat's milk)

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