



ARYA HERBAL

Natural Indian Treasures for your Health

massage oils

Eladi Keratailam

Excellent for use on the head, particularly in cases of catarrh and chronic sinusitis. Highly recommended for Kapha and Vata ailments.

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Ingredients

Text: Ashtangahridayam

Elayugma (Kshudraila - *Elettaria cardamomum* and Brihat ela - *Amomum subulatum*) • Turushka (*Hidnocarpus laurifolia*) • Kushtha • (*Saussurea lappa*) • Phalini (*Callicarpa macrophylla*) • Mamsi (*Nardostachys jatamansi*) • Jala (*Plectranthus vettiverioides*) • Dhyamaka (*Cymbopogon martinii*) • Sprška (*Anisomeles malabarica*) • Choraka (*Angelica glauca*) • Chocha (*Cinnamomum verum*) • Patra (*Cinnamomum tamala*) • Tagara (*Veleriana jatamansi*) • Sthauneya (*Taxus baccata*) • Jati (*Myristica fragrans*) • Rasa (*Commiphora mirrha*) • Sukti (Conch shell -calcined) • Vyaghranakha (*Capparis sepiaria*) • Surahva (*Cedrus deodara*) • Srivasaka (*Pinus roxburghii*) • Chanda (*Costus speciosus*) • Guggulu (*Commiphora mukul*) • Devadhupa (*Shorea robusta*) • Khapura (*Areca catechu*) • Punnaga (*Calophyllum inophyllum*) • Nagahva (*Mesua ferrea*) • Keriksiram • (Coconut milk -*Cocos nucifera* endosperm extract) • komkumam (*Crocus sativus*)

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