



ARYA HERBAL

Natural Indian Treasures for your Health

herbal beverages

Dhanwantaram Kashayam

Recommended for treatment of nervous system disorders as well as for treatment of hypertension; vata.

Ingredients

Ref: ashtangahridayam

Sida rhombifolia • Macrotyloma uniflorum • Cedrus deodara • Gmelina arborea • Aegle marmelos • Stereospermum suaveolens • Oroxy-lum indicum • Premna mucronata • Solanum indi-cum • Solanum surrattense • Desmodium gangeti-cum • Tribulus terrestris • Rubia cordifolia • Asparagus racemosus • Ipomea digitata • asphal-tum • Santalum album • Vigna vexillatta • Hor-deum vulgare • Zizyphus jujuba

To prepare a medicinal herbal beverage, pour boiling water over the powdered KASHAYACHOORNAM and allow steeping for about 15 minutes. The decoctions are usually prepared so that 25 ml of decoction is prepared using 5 - 15 g of KASHAYA-CHOORNAM. The medicinal properties of the water soluble herbal substances are then fully preserved. The decoction can be diluted with boiled lukewarm water, strained, and served warm, at will after adding honey. The usual dosage is 12 ml of decoction to be taken twice daily.

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