



ARYA HERBAL

Natural Indian Treasures for your Health

herbal beverages

Guloochyadi Kashayam

Relieves rheumatoid pains and swelling of joints. It is also used to support and strengthen the immune system in patients with autoimmune diseases; vata, pitta.

www.aryaherbal.com

surya@aryaherbal.com

+ 49 (0) 89 2423 1659

+ 49 0177 422 00 38

Ingredients

text: ashtanga hridayam

Tinospora cordifolia • Azadirachta indica • Pterocarpus santalinus • etc

To prepare a medicinal herbal beverage, pour boiling water over the powdered KASHAYACHOORNAM and allow steeping for about 15 minutes. The decoctions are usually prepared so that 25 ml of decoction is prepared using 5 - 15 g of KASHAYACHOORNAM. The medicinal properties of the water soluble herbal substances are then fully preserved. The decoction can be diluted with boiled lukewarm water, strained, and served warm, at will after adding honey. The usual dosage is 12 ml of decoction to be taken twice daily.

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